




RECORDS DE BELGIQUE DAMES							
EPREUVES INDIVIDUELLES		A1	A2	A3	A4	A5	A6
		100/200 Obstacle	50/100 Mannequin palmes	50/100 Combiné	50 Mannequin	50/100 Lifesaver	100/200 SuperLifesaver
BENJAMINE	25m	<b>1.11.51</b> Lauwers Sofie BLITS 30/12/23 Beerse	<b>31.96</b> Vandommele Kaatje RCTAL 19/10/25 Sint-Truiden	<b>38.68</b> Vandommele Kaatje RCTAL 19/10/25 Sint-Truiden	<b>40.92</b> Vandommele Kaatje RCTAL 11/11/25 Wilslele	<b>35.42</b> Vandommele Kaatje RCTAL 19/10/25 Sint-Truiden	<b>1.34.57</b> Vandommele Kaatje RCTAL 11/11/25 Wilslele
	50m	<b>1.14.30</b> Lauwers Sofie BLITS 26/11/23 Kortrijk	<b>33.06</b> Vandommele Kaatje RCTAL 16/11/25 Kortrijk	<b>41.40</b> Jacobs Eva BRC 26/11/23 Kortrijk	<b>44.13</b> Jacobs Eva BRC 26/11/23 Kortrijk	<b>37.63</b> Jacobs Eva BRC 26/11/23 Kortrijk	<b>1.37.82</b> Kruik Lotte RCTAL 26/11/23 Kortrijk
MINIME	25m	<b>1.04.50</b> Gaytant Sterre LERC 11/11/25 Wilslele	<b>28.93</b> Croes Elise STRC 20/10/18 Hoogstraten	<b>35.54</b> Engels Emma CSB 19/11/23 Saint-Hubert	<b>36.12</b> Gaytant Sterre LERC 11/11/25 Wilslele	<b>33.32</b> Bonhomme Méline CSB 25/11/18 Huy	<b>1.26.66</b> Joarlette Nina RCTAL 11/11/25 Wilslele
	50m	<b>1.07.06</b> Jacobs Ella BRC 12/05/19 Brugge	<b>29.35</b> Bonhomme Méline CSB 22/12/18 Seraing	<b>37.14</b> Jacobs Ella BRC 12/05/19 Brugge	<b>37.48</b> Jacobs Ella BRC 12/05/19 Brugge	<b>33.52</b> Vermeir Marie BRC 8/05/22 Seraing	<b>1.28.96</b> Heylen Jade BLITS 16/11/25 Kortrijk
CADETTE	25m	<b>2.16.05</b> Van Gorp Caroline TRC 28/10/12 Brasschaat	<b>1.01.48</b> Croes Elise STRC 9/02/20 Asse	<b>1.17.25</b> Jacobs Ella BRC 24/10/21 Hoogstraten	<b>38.28</b> Vanderstraeten Maya RCTAL 5/02/23 Asse	<b>1.07.11</b> Croes Elise STRC 20/10/19 Beerse	<b>2.41.88</b> Bonhomme Méline CSB 3/02/19 Asse
	50m	<b>2.20.02</b> Vandenabeele Bieke KRM 23/11/00 Warendorf (Ger)	<b>57.92</b> Croes Elise STRC 1/12/19 Eindhoven (Ned)	<b>1.19.12</b> Jacobs Ella BRC 15/09/21 Castellon (Esp)	<b>38.30</b> Jacobs Ella BRC 27/11/21 Amersfoort (Ned)	<b>1.02.93</b> Burghardt Christine STRC 4/09/10 Antwerpen	<b>2.43.78</b> Vermeir Marie BRC 30/06/24 Riesa (Ger)
JUNIORE	25m	<b>2.15.83</b> Croes Elise STRC 6/03/22 Aarschot	<b>56.95</b> Croes Elise STRC 7/11/21 Sint-Truiden	<b>1.17.55</b> Croes Elise STRC 23/10/22 Sint-Truiden	<b>36.72</b> Jacobs Ella BRC 5/03/23 Ekeren	<b>1.02.51</b> Croes Elise STRC 23/10/22 Sint-Truiden	<b>2.35.46</b> Van de Plas Bo LERC 28/10/18 Hoogstraten
	50m	<b>2.13.43</b> Vandenabeele Bieke KRM 24/08/01 Akita (Jap)	<b>54.62</b> Croes Elise STRC 27/11/21 Amersfoort (Ned)	<b>1.16.73</b> Lindekens Stefanie BLITS 22/11/14 Warendorf (Ger)	<b>36.70</b> Jacobs Ella BRC 22/09/23 Brugge	<b>58.98</b> Croes Elise STRC 19/03/22 Dordrecht (Ned)	<b>2.31.25</b> Van de Plas Bo LERC 22/09/19 Riccione (Ita)
OPEN	25m	<b>2.10.82</b> Lindekens Carolien BLITS 12/01/14 Brasschaat	<b>56.95</b> Croes Elise STRC 7/11/21 Sint-Truiden	<b>1.12.71</b> Romanini Aurélie BOUST 18/03/23 Bastogne	<b>33.98</b> Romanini Aurélie BOUST 17/11/24 Saint-Hubert	<b>1.00.62</b> Croes Elise STRC 22/10/23 Sint-Truiden	<b>2.23.32</b> Van de Plas Bo LERC 7/11/21 Sint-Truiden
	50m	<b>2.12.80</b> Vandenabeele Bieke COAST 14/08/03 Tylösand (Swe)	<b>53.91</b> Croes Elise STRC 14/04/24 Warendorf (Ger)	<b>1.11.07</b> Romanini Aurélie BOUST 15/09/21 Castellon (Esp)	<b>34.50</b> Romanini Aurélie BOUST 28/09/22 Riccione (Ita)	<b>57.35</b> Van de Plas Bo LERC 27/09/22 Riccione (Ita)	<b>2.24.68</b> Van de Plas Bo / Harze Marine LERC / NSL 21/04/2024 - 27/04/25 Seraing / Louvain-la-Neuve
M30 MASTER 1	25m	<b>2.14.73</b> Goffin Aurélie BEN 27/09/09 Brasschaat	<b>1.00.00</b> Romanini Aurélie BOUST 12/03/22 Bastogne	<b>1.12.71</b> Romanini Aurélie BOUST 18/03/23 Bastogne	<b>33.98</b> Romanini Aurélie BOUST 17/11/24 Saint-Hubert	<b>1.01.87</b> Vanbuel-Goffin Nele NELAUR 13/03/22 Bastogne	<b>2.29.17</b> Vanbuel-Goffin Nele NELAUR 13/03/22 Bastogne
	50m	<b>2.16.60</b> Romanini Aurélie BOUST 18/05/18 Cannes	<b>57.91</b> Romanini Aurélie BOUST 1/04/23 Montpellier (Fr)	<b>1.11.07</b> Romanini Aurélie BOUST 15/09/21 Castellon (Esp)	<b>34.50</b> Romanini Aurélie BOUST 28/09/22 Riccione (Ita)	<b>1.00.99</b> Vanbuel-Goffin Nele NELAUR 19/03/22 Dordrecht (Ned)	<b>2.32.48</b> Vanbuel-Goffin Nele NELAUR 8/05/16 Seraing
M40 MASTER 2	25m	<b>2.34.17</b> Xhervelle Muriel NELAUR 29/01/17 Brasschaat	<b>1.14.68</b> Vermeulen Elke LERC 24/11/19 Huy	<b>1.33.48</b> Xhervelle Muriel LSC 4/02/18 Liévin (Fr)	<b>36.36</b> Vanbuel Nele NELAUR 16/02/25 Bastogne	<b>1.03.50</b> Vanbuel Nele NELAUR 16/02/25 Bastogne	<b>2.34.62</b> Vanbuel Nele NELAUR 16/02/25 Bastogne
	50m	<b>2.42.75</b> Xhervelle Muriel NELAUR 2/09/16 Eindhoven (Ned)	 <b>59.49</b> Vanbuel Nele NELAUR 9/03/25 Dordrecht (Ned)	<b>1.21.55</b> Vanbuel Nele NELAUR 23/03/25 Louvain-la-Neuve	<b>39.51</b> Vanbuel Nele NELAUR 8/03/25 Dordrecht (Ned)	 <b>1.02.62</b> Vanbuel Nele NELAUR 8/03/25 Dordrecht (Ned)	 <b>2.39.00</b> Vanbuel Nele NELAUR 27/04/25 Louvain-la-Neuve
M55 MASTER 3	25m	<b>1.18.95</b> Van Cauteren Ingrid BRC 28/01/18 Brasschaat	<b>1.20.19</b> Porte Annick BRC 16/03/25 Kortrijk	x	<b>48.65</b> Porte Annick BRC 11/11/25 Wilslele	<b>1.24.06</b> Porte Annick BRC 8/02/26 Asse	x
	50m	<b>1.24.07</b> Van Cauteren Ingrid BRC 6/05/18 Seraing	<b>1.14.22</b> Porte Annick BRC 23/03/25 Louvain-la-Neuve	x	<b>52.27</b> Porte Annick BRC 27/04/25 Louvain-la-Neuve	<b>1.17.41</b> Porte Annick BRC 16/11/25 Kortrijk	x
M70 MASTER 4	25m	<b>1.55.00</b> Wittouck Mireille IRC 23/04/24 Wenduine	<b>1.55.00</b> Wittouck Mireille IRC 1/02/26 Gent	x	<b>1.10.98</b> Wittouck Mireille IRC 1/02/26 Gent	<b>1.57.43</b> Wittouck Mireille IRC 23/04/24 Wenduine	x
	50m	<b>2.03.56</b> Wittouck Mireille IRC 24/11/24 Seraing	<b>1.57.18</b> Wittouck Mireille IRC 12/05/24 Kortrijk	x	<b>1.14.49</b> Wittouck Mireille IRC 24/11/24 Seraing	<b>1.56.89</b> Wittouck Mireille IRC 12/05/24 Kortrijk	x



RECORDS DE BELGIQUE HOMMES							
EPREUVES INDIVIDUELLES		A1	A2	A3	A4	A5	A6
		100/200 Obstacle	50/100 Mannequin palmes	50/100 Combiné	50 Mannequin	50/100 Lifesaver	100/200 SuperLifesaver
BENJAMIN	25m	<b>1.12.05</b> Van Heymbeeck Jurje RCTAL 23/10/22 Sint-Truiden	<b>33.65</b> Labeeuw Lucas RCTAL 6/10/14 Gosselies	<b>38.94</b> Heylen Daan BLITS 24/10/21 Hoogstraten	<b>42.98</b> Van Heymbeeck Jurje RCTAL 23/10/22 Sint-Truiden	<b>35.64</b> Bultot Pascal NGC 2/10/05 Gosselies	<b>1.32.04</b> Mertens Simeon RCTAL 30/12/23 Beerse
	50m	<b>1.13.14</b> Van Heymbeeck Jurje RCTAL 20/11/22 Kortrijk	<b>32.28</b> Claerhout Bas IRC 16/02/20 Kortrijk	<b>41.53</b> Van Heymbeeck Jurje RCTAL 20/11/22 Kortrijk	<b>43.03</b> Van Heymbeeck Jurje RCTAL 20/11/22 Kortrijk	<b>36.60</b> Bultot Pascal NGC 30/10/05 Antwerpen	<b>1.35.57</b> Vandersteen Jelle STRC 16/11/14 Brugge
MINIME	25m	<b>1.00.12</b> Ceusters Joni LERC 30/10/11 Brasschaat	<b>27.15</b> Van Asten Dieter RDK 30/12/23 Beerse	<b>31.86</b> Claerhout Bas IRC 6/02/22 Asse	<b>33.75</b> Vandersteen Jelle STRC 13/11/16 Huy	<b>31.01</b> Ciubotariu Alexandru RCTAL 20/10/24 Sint-Truiden	<b>1.14.54</b> Heylen Daan BLITS 19/11/23 Saint-Hubert
	50m	<b>1.02.32</b> Claerhout Bas IRC 8/05/22 Seraing	<b>27.33</b> Ciubotariu Alexandru STRC 24/11/24 Seraing	<b>33.81</b> Vandersteen Jelle STRC 27/11/16 Brugge	<b>33.51</b> Vandersteen Jelle RCTAL 27/11/16 Brugge	<b>31.56</b> Labeeuw Lucas RCTAL 27/11/16 Brugge	<b>1.17.68</b> Heylen Daan BLITS 26/11/23 Kortrijk
CADET	25m	<b>2.00.71</b> Claerhout Bas IRC 20/10/24 Sint-Truiden	<b>53.61</b> Van Asten Dieter BRC 19/10/25 Sint-Truiden	<b>1.07.79</b> Claerhout Bas IRC 20/10/24 Sint-Truiden	<b>31.58</b> Vandersteen Jelle STRC 28/10/18 Hoogstraten	<b>57.76</b> Croes Matisse STRC 23/10/22 Sint-Truiden	<b>2.17.27</b> Van Asten Dieter RDK 16/03/25 Kortrijk
	50m	<b>2.03.63</b> Claerhout Bas IRC 24/11/24 Seraing	<b>49.92</b> Knuts Aiko STRC 2/10/22 Riccione (Ita)	<b>1.07.41</b> Ceusters Joni LERC 19/11/13 Warendorf (Ger)	<b>32.01</b> Ceusters Joni LERC 19/11/13 Warendorf (Ger)	<b>57.56</b> Van Asten Dieter RDK 28/11/25 Rotterdam (Ned)	<b>2.18.39</b> Van Asten Dieter BRC 16/11/25 Kortrijk
JUNIOR	25m	<b>2.00.25</b> Claerhout Bas NSL 1/03/26 Izegem	<b>53.25</b> Ceusters Joni LERC 11/01/15 Asse	<b>1.04.61</b> Vanlaer Mathijs STRC 20/10/24 Sint-Truiden	<b>31.00</b> Ceusters Joni LERC 11/01/15 Braschaat	<b>53.45</b> Croes Matisse STRC 20/10/24 Sint-Truiden	<b>2.16.61</b> Goossens Torsten BRC 5/03/23 Ekeren
	50m	<b>1.59.75</b> Claerhout Bas IRC 25/08/25 Szczecin (Pol)	<b>47.95</b> Croes Matisse STRC 8/12/24 Rotterdam (Ned)	<b>1.03.88</b> Ceusters Joni LERC 25/09/15 Torrevieja (Esp)	<b>30.72</b> Ceusters Joni LERC 4/08/15 Swansea (GB)	<b>53.50</b> Croes Matisse STRC 26/11/23 Kortrijk	<b>2.15.05</b> Goossens Torsten BRC 26/11/23 Kortrijk
OPEN	25m	<b>1.56.73</b> Soret Bastien ACE 11/03/12 Huy	<b>50.04</b> Bockstaele Shean BRC 19/10/25 Sint-Truiden	<b>1.04.03</b> Vanlaer Mathijs STRC 19/10/25 Sint-Truiden	<b>29.82</b> Ceusters Joni LERC 2/04/17 Sint-Truiden	<b>55.07</b> Bockstaele Shean BRC 8/04/23 Gouda (Ned)	<b>2.13.35</b> Van Laethem Maarten RCTAL 5/02/23 Asse
	50m	<b>1.57.30</b> Dekoninck Dieter PORC 7/09/16 Eindhoven (Ned)	<b>47.02</b> Croes Matisse STRC 26/08/25 Szczecin (Pol)	<b>1.02.48</b> Lecoutere Jeroen LERC 31/05/19 Tarbes (Fr)	<b>30.62</b> Ceusters Joni LERC 22/09/19 Riccione (Ita)	<b>51.93</b> Stavart Corentin BOUST 13/09/21 Castellon (Esp)	<b>2.12.63</b> Lecoutere Jeroen LERC 18/09/14 Montpellier (Fr)
M30 MASTER 1	25m	<b>2.03.03</b> Van Autenboer Wout TRC 8/02/09 Aarschot	<b>53.18</b> Baelus Wouter BLITS 28/10/18 Hoogstraten	<b>1.04.88</b> Lecoutere Jeroen LERC 15/04/18 Sint-Truiden	<b>31.22</b> Baelus Wouter BLITS 28/10/18 Hoogstraten	<b>58.72</b> Baelus Wouter BLITS 24/10/21 Hoogstraten	<b>2.18.75</b> Baelus Wouter BLITS 28/10/18 Hoogstraten
	50m	<b>2.06.11</b> Romanini Pierre-Yves ACF 5/09/17 Brugge	<b>52.03</b> Baelus Wouter BLITS 6/05/18 Seraing	<b>1.02.48</b> Lecoutere Jeroen LERC 31/05/19 Tarbes (Fr)	<b>31.38</b> Romanini Pierre-Yves ACF 6/09/17 Brugge	<b>58.02</b> Arnauts Bert STRC 16/09/16 Eindhoven(Ned)	<b>2.14.46</b> Baelus Wouter BLITS 6/09/17 Brugge
M40 MASTER 2	25m	<b>2.15.53</b> Bockstaele François BRC 8/02/19 Aarschot	<b>56.57</b> Arnauts Bert STRC 3/02/19 Asse	<b>1.16.19</b> Boone Maarten LERC 8/02/26 Asse	<b>33.84</b> Arnauts Bert STRC 7/04/19 Sint-Truiden	<b>1.01.40</b> Boone Maarten LERC 20/10/24 Sint-Truiden	<b>2.34.75</b> Arnauts Bert STRC 3/02/19 Asse
	50m	<b>2.18.93</b> Bockstaele François BRC 25/07/08 Berlin (Ger)	<b>53.06</b> Arnauts Bert STRC 28/04/19 Seraing	<b>1.17.90</b> Bockstaele François BRC 8/05/22 Seraing	<b>36.51</b> Arnauts Bert STRC 28/04/19 Seraing	<b>1.00.58</b> Arnauts Bert STRC 12/05/19 Brugge	<b>2.35.61</b> François Bockstaele BRC 27/11/22 Eindhoven (Ned)
M55 MASTER 3	25m	<b>1.05.20</b> Bockstaele François BRC 22/10/23 Sint-Truiden	<b>1.00.78</b> Bockstaele François BRC 16/03/25 Kortrijk	x	<b>35.86</b> Bockstaele François BRC 8/04/23 Gouda (Ned)	<b>1.02.65</b> Bockstaele François BRC 22/10/23 Sint-Truiden	x
	50m	<b>1.05.05</b> Bockstaele François NSL 18/09/23 Brugge	<b>57.61</b> Bockstaele François BRC 8/12/24 Rotterdam (Ned)	<b>1.19.67</b> Bockstaele François BRC 23/03/24 Louvain-la-Neuve	<b>36.52</b> Bockstaele François BRC 26/08/24 Gold Coast (Aus)	<b>58.98</b> Bockstaele François BRC 26/08/24 Gold Coast (Aus)	x