

### Background



Belgium: 10 000 cardiac arrests / year  
--> 8-10% survival rate



School teacher = efficient to teach BLS



School = pyramidal structure  
--> Teachers - pupils - family



100% free project for schools (public funding)



Test phase by ULiège in 2016-2017

### Purpose

- Concrete meaning to learning and high motivation level for the pupils
- Develop pupils' self-confidence and their feeling of worth
- Gradual age appropriated and focus on secondary schools (as recommended)
- Develop relevance for physical education teacher
- Positive impact on increase of survival rate

### Method

#### Train the teacher

- We train (6 hours) and equip the teachers
- Teachers teach pupils
- Schools = autonomous

#### Material



#### Program



### Results & discussion

#### The progress



- School Save Lives (215)
- Other (76)
- Schools to be trained (389)



#### For the future

Even if the program stops, teachers will continue to train pupils.



### Conclusion

- Effective
- Validated
- Simple program

1 trained teacher  
=  
thousands of trained people