

RECORDS DE BELGIQUE DAMES							
EPREUVES INDIVIDUELLES		A1	A2	A3	A4	A5	A6
		100/200 Obstacle	50/100 Mannequin palmes	50/100 Combiné	50 Mannequin	50/100 Lifesaver	100/200 SuperLifesaver
BENJAMINE	25m	1.11.51 Lauwers Sofie BLITS 30/12/23 Beerse	31.96 Vandommele Kaatje RCTAL 19/10/25 Sint-Truiden	38.68 Vandommele Kaatje RCTAL 19/10/25 Sint-Truiden	40.92 Vandommele Kaatje RCTAL 11/11/25 Wilsele	35.42 Vandommele Kaatje RCTAL 19/10/25 Sint-Truiden	1.34.57 Vandommele Kaatje RCTAL 11/11/25 Wilsele
		1.14.30 Lauwers Sofie BLITS 26/11/23 Kortrijk	33.06 Vandommele Kaatje RCTAL 16/11/25 Kortrijk	41.40 Jacobs Eva BRC 26/11/23 Kortrijk	44.13 Jacobs Eva BRC 26/11/23 Kortrijk	37.63 Jacobs Eva BRC 26/11/23 Kortrijk	1.37.82 Kruik Lotte RCTAL 26/11/23 Kortrijk
	50m	1.04.50 Gaytant Sterre LERC 11/11/25 Wilsele	28.93 Croes Elise STRC 20/10/18 Hoogstraten	35.54 Engels Emma CSB 19/11/23 Saint-Hubert	36.12 Gaytant Sterre LERC 11/11/25 Wilsele	33.32 Bonhomme Méline CSB 25/11/18 Huy	1.26.66 Joarlette Nina RCTAL 11/11/25 Wilsele
		1.07.06 Jacobs Ella BRC 12/05/19 Brugge	29.35 Bonhomme Méline CSB 22/12/18 Seraing	37.14 Jacobs Ella BRC 12/05/19 Brugge	37.48 Jacobs Ella BRC 12/05/19 Brugge	33.52 Vermeir Marie BRC 8/05/22 Seraing	1.28.96 Heylen Jade BLITS 16/11/25 Kortrijk
MINIME	25m	2.16.05 Van Gorp Caroline TRC 28/10/12 Brasschaat	1.01.48 Croes Elise STRC 9/02/20 Asse	1.17.25 Jacobs Ella BRC 24/10/21 Hoogstraten	38.28 Vanderstraeten Maya RCTAL 5/02/23 Asse	1.07.11 Croes Elise STRC 20/10/19 Beerse	2.41.88 Bonhomme Méline CSB 3/02/19 Asse
		2.20.02 Vandenabeele Bieke KRM 23/11/00 Warendorf (Ger)	57.92 Croes Elise STRC 1/12/19 Eindhoven (Ned)	1.19.12 Jacobs Ella BRC 15/09/21 Castellon (Esp)	38.30 Jacobs Ella BRC 27/11/21 Amersfoort (Ned)	1.02.93 Burghardt Christine STRC 4/09/10 Antwerpen	2.43.78 Vermeir Marie BRC 30/06/24 Riesa (Ger)
	50m	2.15.83 Croes Elise STRC 6/03/22 Aarschot	56.95 Croes Elise STRC 7/11/21 Sint-Truiden	1.17.55 Croes Elise STRC 23/10/22 Sint-Truiden	36.72 Jacobs Ella BRC 5/03/23 Ekeren	1.02.51 Croes Elise STRC 23/10/22 Sint-Truiden	2.35.46 Van de Plas Bo LERC 28/10/18 Hoogstraten
		2.13.43 Vandenabeele Bieke KRM 24/08/01 Akita (Jap)	54.62 Croes Elise STRC 27/11/21 Amersfoort (Ned)	1.16.73 Lindekens Stefanie BLITS 22/11/14 Warendorf (Ger)	36.70 Jacobs Ella BRC 22/09/23 Brugge	58.98 Croes Elise BRC 19/03/22 Dordrecht (Ned)	2.31.25 Van de Plas Bo LERC 22/09/19 Riccione (Ita)
CADETTE	25m	2.10.82 Lindekens Carolien BLITS 12/01/14 Brasschaat	56.95 Croes Elise STRC 7/11/21 Sint-Truiden	1.12.71 Romanini Aurélie BOUST 18/03/23 Bastogne	33.98 Romanini Aurélie BOUST 17/11/24 Saint-Hubert	1.00.62 Croes Elise STRC 22/10/23 Sint-Truiden	2.23.32 Van de Plas Bo LERC 7/11/21 Sint-Truiden
		2.12.80 Vandenabeele Bieke COAST 14/08/03 Tylösand (Swe)	53.91 Croes Elise STRC 14/04/24 Warendorf (Ger)	1.11.07 Romanini Aurélie BOUST 15/09/21 Castellon (Esp)	34.50 Romanini Aurélie BOUST 28/09/22 Riccione (Ita)	57.35 Van de Plas Bo LERC 27/09/22 Riccione (Ita)	2.24.68 Van de Plas Bo / Harze Marine LERC / NSL 21/04/2024 - 27/04/25 Seraing / Louvain-la-Neuve
	50m	2.14.73 Goffin Aurélie BEN 27/09/09 Brasschaat	1.00.00 Romanini Aurélie BOUST 12/03/22 Bastogne	1.12.71 Romanini Aurélie BOUST 18/03/23 Bastogne	33.98 Romanini Aurélie BOUST 17/11/24 Saint-Hubert	1.01.87 Vanbuel-Goffin Nele NELAUR 13/03/22 Bastogne	2.29.17 Vanbuel-Goffin Nele NELAUR 13/03/22 Bastogne
		2.16.60 Romanini Aurélie BOUST 18/05/18 Cannes	57.91 Romanini Aurélie BOUST 1/04/23 Montpellier (Fr)	1.11.07 Romanini Aurélie BOUST 15/09/21 Castellon (Esp)	34.50 Romanini Aurélie BOUST 28/09/22 Riccione (Ita)	1.00.99 Vanbuel-Goffin Nele NELAUR 19/03/22 Dordrecht (Ned)	2.32.48 Vanbuel-Goffin Nele NELAUR 8/05/16 Seraing
JUNIORE	25m	2.34.17 Xhervelle Muriel NELAUR 29/01/17 Brasschaat	1.14.68 Vermeulen Elke LERC 24/11/19 Huy	1.33.48 Xhervelle Muriel LSC 4/02/18 Liévin (Fr)	36.36 Vanbuel Nele NELAUR 16/02/25 Bastogne	1.03.50 Vanbuel Nele NELAUR 16/02/25 Bastogne	2.34.62 Vanbuel Nele NELAUR 16/02/25 Bastogne
		2.42.75 Xhervelle Muriel NELAUR 2/09/16 Eindhoven (Ned)	 59.49 Vanbuel Nele NELAUR 9/03/25 Dordrecht (Ned)	1.21.55 Vanbuel Nele NELAUR 23/03/25 Louvain-la-Neuve	39.51 Vanbuel Nele NELAUR 8/03/25 Dordrecht (Ned)	 1.02.62 Vanbuel Nele NELAUR 8/03/25 Dordrecht (Ned)	 2.39.00 Vanbuel Nele NELAUR 27/04/25 Louvain-la-Neuve
	50m	1.18.95 Van Cauteren Ingrid BRC 28/01/18 Brasschaat	1.20.19 Porte Annick BRC 16/03/25 Kortrijk	x	48.65 Porte Annick BRC 11/11/25 Wilsele	1.24.06 Porte Annick BRC 8/02/26 Asse	x
		1.24.07 Van Cauteren Ingrid BRC 6/05/18 Seraing	1.14.22 Porte Annick BRC 23/03/25 Louvain-la-Neuve	x	52.27 Porte Annick BRC 27/04/25 Louvain-la-Neuve	1.17.41 Porte Annick BRC 16/11/25 Kortrijk	x
M30 MASTER 1	25m	1.55.00 Wittouck Mireille IRC 23/04/24 Wenduine	1.55.00 Wittouck Mireille IRC 1/02/26 Gent	x	1.10.98 Wittouck Mireille IRC 1/02/26 Gent	1.57.43 Wittouck Mireille IRC 23/04/24 Wenduine	x
		2.03.56 Wittouck Mireille IRC 24/11/24 Seraing	1.57.18 Wittouck Mireille IRC 12/05/24 Kortrijk	x	1.14.49 Wittouck Mireille IRC 24/11/24 Seraing	1.56.89 Wittouck Mireille IRC 12/05/24 Kortrijk	x
	50m	1.55.00 Wittouck Mireille IRC 23/04/24 Wenduine	1.55.00 Wittouck Mireille IRC 1/02/26 Gent	x	1.10.98 Wittouck Mireille IRC 1/02/26 Gent	1.57.43 Wittouck Mireille IRC 23/04/24 Wenduine	x
		2.03.56 Wittouck Mireille IRC 24/11/24 Seraing	1.57.18 Wittouck Mireille IRC 12/05/24 Kortrijk	x	1.14.49 Wittouck Mireille IRC 24/11/24 Seraing	1.56.89 Wittouck Mireille IRC 12/05/24 Kortrijk	x
M55 MASTER 3	25m	1.55.00 Wittouck Mireille IRC 23/04/24 Wenduine	1.55.00 Wittouck Mireille IRC 1/02/26 Gent	x	1.10.98 Wittouck Mireille IRC 1/02/26 Gent	1.57.43 Wittouck Mireille IRC 23/04/24 Wenduine	x
		2.03.56 Wittouck Mireille IRC 24/11/24 Seraing	1.57.18 Wittouck Mireille IRC 12/05/24 Kortrijk	x	1.14.49 Wittouck Mireille IRC 24/11/24 Seraing	1.56.89 Wittouck Mireille IRC 12/05/24 Kortrijk	x
	50m	1.55.00 Wittouck Mireille IRC 23/04/24 Wenduine	1.55.00 Wittouck Mireille IRC 1/02/26 Gent	x	1.10.98 Wittouck Mireille IRC 1/02/26 Gent	1.57.43 Wittouck Mireille IRC 23/04/24 Wenduine	x
		2.03.56 Wittouck Mireille IRC 24/11/24 Seraing	1.57.18 Wittouck Mireille IRC 12/05/24 Kortrijk	x	1.14.49 Wittouck Mireille IRC 24/11/24 Seraing	1.56.89 Wittouck Mireille IRC 12/05/24 Kortrijk	x
M70 MASTER 4	25m	1.55.00 Wittouck Mireille IRC 23/04/24 Wenduine	1.55.00 Wittouck Mireille IRC 1/02/26 Gent	x	1.10.98 Wittouck Mireille IRC 1/02/26 Gent	1.57.43 Wittouck Mireille IRC 23/04/24 Wenduine	x
		2.03.56 Wittouck Mireille IRC 24/11/24 Seraing	1.57.18 Wittouck Mireille IRC 12/05/24 Kortrijk	x	1.14.49 Wittouck Mireille IRC 24/11/24 Seraing	1.56.89 Wittouck Mireille IRC 12/05/24 Kortrijk	x
	50m	1.55.00 Wittouck Mireille IRC 23/04/24 Wenduine	1.55.00 Wittouck Mireille IRC 1/02/26 Gent	x	1.10.98 Wittouck Mireille IRC 1/02/26 Gent	1.57.43 Wittouck Mireille IRC 23/04/24 Wenduine	x
		2.03.56 Wittouck Mireille IRC 24/11/24 Seraing	1.57.18 Wittouck Mireille IRC 12/05/24 Kortrijk	x	1.14.49 Wittouck Mireille IRC 24/11/24 Seraing	1.56.89 Wittouck Mireille IRC 12/05/24 Kortrijk	x



RECORDS DE BELGIQUE HOMMES							
EPREUVES INDIVIDUELLES		A1	A2	A3	A4	A5	A6
		100/200 Obstacle	50/100 Mannequin palmes	50/100 Combiné	50 Mannequin	50/100 Lifesaver	100/200 SuperLifesaver
BENJAMIN	25m	1.12.05 Van Heymbeeck Jurre RCTAL 23/10/22 Sint-Truiden	33.65 Labeeuw Lucas RCTAL 6/10/14 Gosselies	38.94 Heylen Daan BLITS 24/10/21 Hoogstraten	42.98 Van Heymbeeck Jurre RCTAL 23/10/22 Sint-Truiden	35.64 Bultot Pascal NCG 2/10/05 Gosselies	1.32.04 Mertens Simeon RCTAL 30/12/23 Beerse
	50m	1.13.14 Van Heymbeeck Jurre RCTAL 20/11/22 Kortrijk	32.28 Claerhout Bas IRC 16/02/20 Kortrijk	41.53 Van Heymbeeck Jurre RCTAL 20/11/22 Kortrijk	43.03 Van Heymbeeck Jurre RCTAL 20/11/22 Kortrijk	36.60 Bultot Pascal NCG 30/10/05 Antwerpen	1.35.57 Vandersteen Jelle STRC 16/11/14 Brugge
MINIME	25m	1.00.12 Ceusters Joni LERC 30/10/11 Brasschaat	27.15 Van Asten Dieter RDK 30/12/23 Beerse	31.86 Claerhout Bas IRC 6/02/22 Asse	33.75 Vandersteen Jelle STRC 13/11/16 Huy	31.01 Ciubotariu Alexandru RCTAL 20/10/24 Sint-Truiden	1.14.54 Heylen Daan BLITS 19/11/23 Saint-Hubert
	50m	1.02.32 Claerhout Bas IRC 8/05/22 Seraing	27.33 Ciubotariu Alexandru RCTAL 24/11/24 Seraing	33.81 Vandersteen Jelle STRC 27/11/16 Brugge	33.51 Vandersteen Jelle RCTAL 27/11/16 Brugge	31.56 Labeeuw Lucas RCTAL 27/11/16 Brugge	1.17.68 Heylen Daan BLITS 26/11/23 Kortrijk
CADET	25m	2.00.71 Claerhout Bas IRC 20/10/24 Sint-Truiden	53.61 Van Asten Dieter BRC 19/10/25 Sint-Truiden	1.07.79 Claerhout Bas IRC 20/10/24 Sint-Truiden	31.58 Vandersteen Jelle STRC 28/10/18 Hoogstraten	57.76 Croes Matisse STRC 23/10/22 Sint-Truiden	2.17.27 Van Asten Dieter RDK 16/03/25 Kortrijk
	50m	2.03.63 Claerhout Bas IRC 24/11/24 Seraing	49.92 Knuts Aiko STRC 2/10/22 Riccione (Ita)	1.07.41 Ceusters Joni LERC 19/11/13 Warendorf (Ger)	32.01 Ceusters Joni LERC 19/11/13 Warendorf (Ger)	57.56 Van Asten Dieter RDK 28/11/25 Rotterdam (Ned)	2.18.39 Van Asten Dieter BRC 16/11/25 Kortrijk
JUNIOR	25m	2.00.25 Claerhout Bas NSL 1/03/26 Izegem	53.25 Ceusters Joni LERC 11/01/15 Asse	1.04.61 Vanlaer Mathijs STRC 20/10/24 Sint-Truiden	31.00 Ceusters Joni LERC 11/01/15 Braschaat	53.45 Croes Matisse STRC 20/10/24 Sint-Truiden	2.16.61 Goossens Torsten BRC 5/03/23 Ekeren
	50m	1.59.75 Claerhout Bas IRC 25/08/25 Szczecin (Pol)	45.92 Claerhout Bas NSL 29/07/26 Rome (Ita)	1.03.08 Claerhout Bas NSL 29/07/26 Rome (Ita)	30.72 Ceusters Joni LERC 4/08/15 Swansea (GB)	53.50 Croes Matisse STRC 26/11/23 Kortrijk	2.15.05 Goossens Torsten BRC 26/11/23 Kortrijk
OPEN	25m	1.56.73 Soret Bastien ACE 11/03/12 Huy	50.04 Bockstaele Shean BRC 19/10/25 Sint-Truiden	1.04.03 Vanlaer Mathijs STRC 19/10/25 Sint-Truiden	29.82 Ceusters Joni LERC 2/04/17 Sint-Truiden	55.07 Bockstaele Shean BRC 8/04/23 Gouda (Ned)	2.13.35 Van Laethem Maarten RCTAL 5/02/23 Asse
	50m	1.57.30 Dekoninck Dieter PORC 7/09/16 Eindhoven (Ned)	45.92 Claerhout Bas NSL 29/07/26 Rome (Ita)	1.02.48 Lecoutere Jeroen LERC 31/05/19 Tarbes (Fr)	30.62 Ceusters Joni LERC 22/09/19 Riccione (Ita)	51.93 Stavart Corentin BOUST 13/09/21 Castellon (Esp)	2.12.58 Saive Antoine LSC 27/06/26 Rotterdam (Ned)
M30 MASTER 1	25m	2.03.03 Van Autenboer Wout TRC 8/02/09 Aarschot	53.18 Baelus Wouter BLITS 28/10/18 Hoogstraten	1.04.88 Lecoutere Jeroen LERC 15/04/18 Sint-Truiden	31.22 Baelus Wouter BLITS 28/10/18 Hoogstraten	58.72 Baelus Wouter BLITS 24/10/21 Hoogstraten	2.18.75 Baelus Wouter BLITS 28/10/18 Hoogstraten
	50m	2.06.11 Romanini Pierre-Yves ACF 5/09/17 Brugge	52.03 Baelus Wouter BLITS 6/05/18 Seraing	1.02.48 Lecoutere Jeroen LERC 31/05/19 Tarbes (Fr)	31.38 Romanini Pierre-Yves ACF 6/09/17 Brugge	58.02 Arnauts Bert STRC 16/09/16 Eindhoven(Ned)	2.14.46 Baelus Wouter BLITS 6/09/17 Brugge
M40 MASTER 2	25m	2.15.53 Bockstaele François BRC 8/02/19 Aarschot	56.57 Arnauts Bert STRC 3/02/19 Asse	1.16.19 Boone Maarten LERC 8/02/26 Asse	33.84 Arnauts Bert STRC 7/04/19 Sint-Truiden	1.01.40 Boone Maarten LERC 20/10/24 Sint-Truiden	2.34.75 Arnauts Bert STRC 3/02/19 Asse
	50m	2.18.93 Bockstaele François BRC 25/07/08 Berlin (Ger)	53.06 Arnauts Bert STRC 28/04/19 Seraing	1.17.90 Bockstaele François BRC 8/05/22 Seraing	36.51 Arnauts Bert STRC 28/04/19 Seraing	1.00.58 Arnauts Bert STRC 12/05/19 Brugge	2.35.61 François Bockstaele BRC 27/11/22 Eindhoven (Ned)
M55 MASTER 3	25m	1.05.20 Bockstaele François BRC 22/10/23 Sint-Truiden	1.00.78 Bockstaele François BRC 16/03/25 Kortrijk	x	35.86 Bockstaele François BRC 8/04/23 Gouda (Ned)	1.02.65 Bockstaele François BRC 22/10/23 Sint-Truiden	x
	50m	1.05.05 Bockstaele François NSL 18/09/23 Brugge	57.61 Bockstaele François BRC 8/12/24 Rotterdam (Ned)	1.19.67 Bockstaele François BRC 23/03/24 Louvain-la-Neuve	36.52 Bockstaele François BRC 26/08/24 Gold Coast (Aus)	58.98 Bockstaele François BRC 26/08/24 Gold Coast (Aus)	x