

# MISP YOUTH 2026

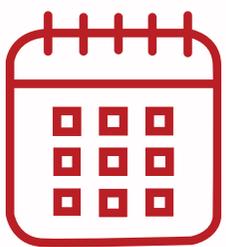
## MEETING INTERNATIONAL DE SAUVETAGE EN PISCINE POUR LES YOUTH

MISPY - LOUVAIN-LA-NEUVE - 29.03.2026  
LIGUE FRANCOPHONE BELGE DE SAUVETAGE





LIGUE FRANCOPHONE BELGE DE SAUVETAGE - MISPY '26



**MARCH 29, 2026 - PM**

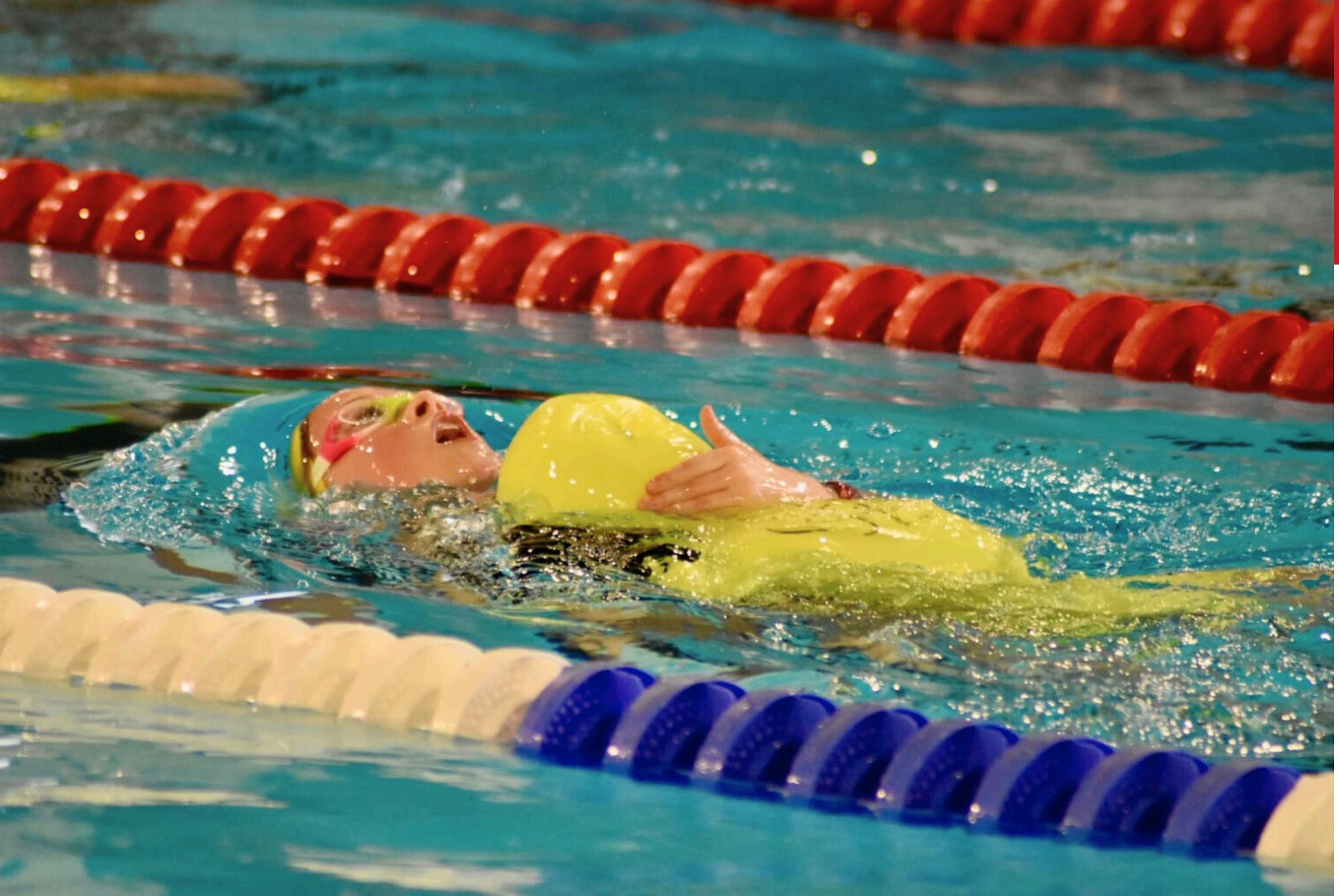


**BLOCRY OLYMPIC SWIMMING POOL  
ROUTE DE BLOCRY 2 - 1348 LOUVAIN-LA-NEUVE  
BELGIUM**



**50M POOL, 8 LANES  
ELECTRONIC TIMING**





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## OUR PROGRAM

### EVENTS

- 100M OBSTACLE SWIM
- 4X50M OBSTACLE RELAY
- 50M MANIKIN CARRY WITH FINS

### PAUSE

- 100M SUPER LIFESAVER
- 50M MANIKIN CARRY
- 4X25M MANIKIN RELAY

### PAUSE

- 50M RESCUE MEDLEY
- 50M MANIKIN TOW WITH FINS
- 4X50M MEDLEY RELAY

13.00 REGISTRATION AND WARMING-UP

13.15 OFFICIALS MEETING

13.30 TEAM CAPTAINS MEETING

13.45 END OF WARMING-UP

14.00 EVENTS

18.00 END OF THE COMPETITION

### LUNCH

NO LUNCH PROVIDED.  
DRINKS AND SNACKS AT THE  
SPORTS CENTER CAFETERIA.





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## **REGISTRATION FORM**

**AN ACKNOWLEDGEMENT OF RECEIPT  
WILL BE SENT.**

**HEATS WILL BE DEFINED ON THE BASIS OF  
REGISTRATION TIMES.**

**ENTRIES MUST BE MADE BY "TEAM  
MANAGER" OR ONLINE ON  
SWIMRANKINGS.**



**[WWW.LFBS.ORG](http://WWW.LFBS.ORG) - NEWS**

**DEADLINE: MARCH 16, 2026**

## **REGISTRATION FEE**

**8,00 € PER ATHLETE.**

**IBAN : BE46 0012 3008 0036**

**BIC : GEBABEBB**

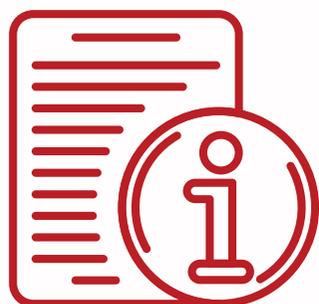
**THERE IS NO MINIMUM OR MAXIMUM ATHLETE  
PER CLUB.**

**THE ENTRANCE IS FREE FOR SPECTATORS.**





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## MEDALS

MEDALS WILL BE PRESENTED FOR THE 1ST, 2ND AND 3RD PLACE IN INDIVIDUAL AND TEAM EVENTS.

## SWIM CAPS

IT SHALL BE NECESSARY FOR ALL COMPETITORS TO WEAR CLUB SWIM CAPS FOR ALL EVENTS.

## PARTICIPATION RULES

4 INDIVIDUAL EVENTS MAXIMUM PER ATHLETE.  
A RELAY TEAM CONSISTS OF A MAXIMUM OF 5 ATHLETES.

## AGE GROUPS

BENJAMIN : FROM 10 TO 12 YEAR (2016-2014)  
MINIME : FROM 13 TO 14 YEAR (2013-2012)

## TIMED FINALS

THE RANKING WILL BE DETERMINED DIRECTLY BASED ON RACE TIMES.  
NO PRELIMINARY HEATS.





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## COMPETITION RULES

### INDIVIDUALS EVENTS DESCRIPTION :

**LITTLE YELLOW MANIKIN IS USED. THE CARBON FINS ARE NOT PERMITTED FOR BOTH CATEGORIES.**

- **100M OBSTACLE: SAME OBSTACLE AS THE HIGHER CATEGORIES**
- **50 M MANIKIN WITH FINS: 25 M SWIM AND 25 M WITH THE LITTLE YELLOW MANIKIN**
- **50 M RESCUE MEDLEY: 25 M SWIM, DIVE AND SWIM 10 M UNDERWATER TILL A SUBMERGED LITTLE YELLOW MANIKIN, SURFACE WITH THE MANIKIN AND CARRY IT TO THE EDGE**
- **50 M MANIKIN CARRY: SAME AS THE HIGHER CATEGORIES. THE MANIKIN IS A LITTLE YELLOW ONE**
- **50 M MANIKIN TOW WITH FINS: SWIM 25 M WITH FINS AND A TOW, FIX A CLASSICAL ORANGE MANIKIN AND TOW IT UNTIL THE FINISH EDGE**
- **100 M SUPER LIFESAVER: 25 M SWIM, 25 M CARRYING A LITTLE YELLOW MANIKIN, DO FINS AND RESCUE TUBE, 25 M SWIM, FIX A CLASSICAL ORANGE MANIKIN AND TOW IT UNTIL THE FINISH EDGE**

### RELAYS DESCRIPTION :

**THERE IS ONLY ONE CATEGORY FOR THE RELAYS. BENJAMINS AND MINIMES TOGETHER. THE MANIKIN RELAY WILL BE DONE WITH A LITTLE YELLOW MANIKIN.**

